

First contact Practitioner (FCP) Podiatry



County Durham
and Darlington
NHS Foundation Trust

INCLUSION CRITERIA

PROBLEMATIC NAILS AND SKIN.

- Foot Ulcers/Non Healing Wounds (including diabetic patients)
- Corns and Callus
- Verrucae
- Rashes Affecting The Foot Area
- Any Toe Nail Problems e.g. Fungal Infection
- Ingrowing or Painful Nails

INFECTIONS.

- Bacterial And Fungal Skin infections
- Swelling To The Foot And Ankle
- Change In Colour Or Temperature To The Foot
- Decline To Foot And Ankle Health Limiting Activities Of Daily Living

MUSCULOSKELETAL PAIN.

- Any Foot And Ankle Pain
- Mechanical Changes Affecting Activity/Mobility

EXCLUSION CRITERIA

- Acutely Or Systemically Unwell e.g. Sepsis
- Children under 16
- Medication Queries/Medical Management Of Conditions
- Medication Reviews
- House Bound Patients/Home Visits
- Patients Who Already Have An Active Recall With Podiatry CDDFT.
- Routine nail care non pathological nails
- Patients Who Do Not Want To See an FCP

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